

Doxycycline and HIV Infection Suppress Tuberculosis-induced Matrix Metalloproteinases

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Rationale: Tuberculosis kills more than 1.5 million people per year, and standard treatment has remained unchanged for more than 30 years. Tuberculosis (TB) drives matrix metalloproteinase (MMP) activity to cause immunopathology. In advanced HIV infection, tissue destruction is reduced, but underlying mechanisms are poorly defined and no current antituberculous therapy reduces host tissue damage.

Objectives: To investigate MMP activity in patients with TB with and without HIV coinfection and to determine the potential of doxycycline to inhibit MMPs and decrease pathology.

Methods: Concentrations of MMPs and cytokines were analyzed by Luminex array in a prospectively recruited cohort of patients. Modulation of MMP secretion and *Mycobacterium tuberculosis* growth by doxycycline was studied in primary human cells and TB-infected guinea pigs. **Measurements and Main Results:** HIV coinfection decreased MMP concentrations in induced sputum of patients with TB. MMPs correlated with clinical markers of tissue damage, further implicating dysregulated protease activity in TB-driven pathology. In contrast, cytokine concentrations were no different. Doxycycline, a licensed MMP inhibitor, suppressed TB-dependent MMP-1 and -9 secretion from primary human macrophages and epithelial cells by inhibiting promoter activation. In the guinea pig model, doxycycline reduced lung

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AT A GLANCE COMMENTARY

Scientific Knowledge on the Subject

Tuberculosis (TB) causes extensive immunopathology resulting in morbidity and mortality, but this tissue destruction is reduced in advanced HIV infection. The underlying mechanisms of this divergent pathology are poorly understood.

What This Study Adds to the Field

We show that matrix metalloproteinase (MMP) concentrations are suppressed in HIV-TB coinfection and correlate with immunopathology, demonstrating MMPs are final effectors of matrix destruction in TB. Doxycycline, a licensed MMP inhibitor, suppresses TB-driven MMP secretion and inhibits mycobacterial growth. Adjunctive doxycycline may improve outcomes in patients with TB.

TB colony forming units after 8 weeks in a dose-dependent manner compared with untreated animals, and *in vitro* doxycycline inhibited mycobacterial proliferation.

Conclusions: HIV coinfection in patients with TB reduces concentrations of immunopathogenic MMPs. Doxycycline decreases MMP activity in a cellular model and suppresses mycobacterial growth *in vitro* and in guinea pigs. Adjunctive doxycycline therapy may reduce morbidity and mortality in TB.

Keywords: lung; mycobacteria; immunopathology; protease inhibitors

Tuberculosis (TB) continues to kill more than 1.5 million people a year (1). Standard treatment for TB has remained unchanged for more than 30 years (2), and multidrug- and extensively drug-resistant strains are progressively emerging (3, 4). Mortality rates remain high among patients even after they have commenced TB treatment (5, 6). A characteristic hallmark of TB is tissue destruction, causing morbidity, mortality, and transmission of infection. However, the mediators of this immunopathology are incompletely understood (7, 8), preventing the design of rational therapies to reduce immune-mediated host damage and improve outcomes in TB.

TB is primarily a disease of the lung (9, 10). In advanced HIV infection, with severely reduced CD4 cell counts, TB infection is common, but there is reduced tissue destruction and cavitation rarely occurs (11). The underlying cause of divergent pathology in HIV-TB coinfection is poorly defined, and greater understanding of this tissue destruction may identify novel therapeutic approaches to limit morbidity and mortality. The biochemistry of the lung extracellular matrix predicts that matrix metalloproteinases (MMPs) will be the dominant proteases driving lung matrix

destruction in TB (12). We have shown that MMP-1 is a key collagenase up-regulated in patients with TB (13, 14), and MMP-1 expression is suppressed by p-amino salicylic acid, an antituberculous agent used for 70 years but with an incompletely understood mechanism of action (15). In the zebrafish model, MMP-9 regulates monocyte recruitment to the granuloma (16), indicating that MMPs both modulate the immune response to *Mycobacterium tuberculosis* (Mtb) and drive pathology (17). MMPs are a family of zinc-dependent proteases that collectively can degrade all components of the extracellular matrix (18). The only pharmacological agent licensed as an MMP inhibitor in the United States is doxycycline, a tetracycline antibiotic, which is used in periodontal disease at subantimicrobial doses to suppress collagenase activity (19).

In this study, we first investigated the hypothesis that reduced lung tissue destruction in advanced HIV results from suppressed MMP activity, by prospectively recruiting a cohort of HIV-infected and -uninfected South African patients and recording a detailed clinical phenotype. We investigated MMPs, cytokines, and chemokines in respiratory secretions to measure mediators of immunopathology at the site of disease. MMPs were suppressed in HIV-TB coinfection and correlated closely with clinical parameters of TB-driven lung destruction. In contrast, cytokines and chemokines were not suppressed in advanced HIV-TB infection, further implicating MMP activity as the final effector of immune-mediated tissue damage. Next, we investigated the MMP inhibitor doxycycline in human cells and examined the effects of doxycycline on MMP activity, tissue damage, and mycobacterial growth in the guinea pig model of TB.

METHODS

Full methods are provided in the online supplement

Patient Recruitment

The study was approved by the University of Cape Town Research Ethics Committee (REC REF 509/2009). Participants were recruited at Ubuntu HIV/TB clinic and GF Jooste Hospital. Written informed consent was obtained, HIV testing was offered, and chest radiographs were performed as per routine practice. Case definitions and cohort characteristics are provided in Tables E1 and E2 in the online supplement.

Sample Collection and Processing

Sputum induction was performed with 5% saline nebulized in 5-minute cycles, up to 20 minutes as tolerated. Sputum was expectorated into two to three sterile collection containers. Induced sputum was kept on ice and processed within 2 hours. Sputum samples were sent for microbiological examination (smear microscopy and culture). For Luminex analysis, mucolysis was performed by adding 0.1% dithiothreitol (Merck, Feltham, UK) and agitating for 20 minutes. Samples were frozen at -80°C . Samples were then defrosted, centrifuged, and sterile filtered through a 0.2- μm Durapore membrane (Millipore, Watford, UK) (20).

Clinical Scoring System

A modified chest radiograph scoring system was used (Figure E1) (21). Cavities were recorded as present or absent. Sputum acid-fast bacillus (AFB) score was analyzed with the score of: 0 = negative, 1 = scanty, 2 = +, 4 = ++, and 6 = +++.

Luminex Assay

Samples were analyzed on the Luminex 200 platform using MMP beads (R&D Systems, Abingdon, UK) and cytokines (Invitrogen, Paisley, UK) and analyzed as per manufacturer's instructions. Total protein was quantified by Bradford assay (Biorad, Hemel Hempstead, UK).

Cell Culture Experiments

Monocyte-derived primary human macrophages were infected with Mtb H37Rv as described (15), and this strain was used in all cellular experiments. Primary human bronchial epithelial cells (Lonza, Slough, UK) were

cultured and stimulated with conditioned media from Mtb-infected monocytes (CoMtb) and A549 cells transiently transfected as described (22).

Gelatin Zymography

Gelatin zymography was performed as previously described (13).

Guinea Pig Aerosol Challenge with *M. tuberculosis*, Doxycycline Administration, and Necropsy

Guinea pig experimental work was conducted according to U.K. Home Office legislation and was approved by the local ethical committee. Outbred female Dunkin Hartley guinea pigs were aerosol challenged with *M. tuberculosis* (23). For the first 2 weeks, all guinea pigs were given fruit puree containing 0.1 g/ml probiotic (Protexin, Somerset, UK). From Week 3, guinea pigs in the drug treatment group received puree and probiotic containing doxycycline at either 5 or 20 mg/kg.

At 10 weeks, guinea pigs were killed. The right lung was formalin inflated. The upper left lung lobe and spleen sections were placed into RNAlater (Qiagen, Crawley, UK). The remaining spleen and lung tissue were placed into sterile tubes for storage at -20°C for bacteriological analysis. Tissues were homogenized using a rotating blade macerator. Viable counts were performed plating serial dilutions onto Middlebrook 7H11 agar (BioMerieux, Basingstoke, UK). Hematoxylin and eosin-stained slides were digitized on a Hamamatsu Nanozoomer and lung infiltration measured by Hamamatsu NPD virtual slide viewer software.

Statistics

Statistical analysis was performed with Graphpad Prism 5. Clinical data were analyzed by the two-tailed Mann-Whitney *U* test and by Spearman correlation. A *P* value less than 0.05 was considered significant.

RESULTS

MMP-1, -2, -3, and -8 Are Increased in Pulmonary TB in HIV-Positive and -Negative Patients

We prospectively recruited a cohort of South African patients under investigation for probable TB infection who were either HIV negative or HIV positive and profiled MMPs, cytokines, and chemokines (demographic data, Table 1; case definitions, Tables E1 and E2). The TB and control groups were well matched for age, HIV prevalence, and median CD4 cell count, although there were more women in the control group, which likely reflects differences in health-seeking behavior between sexes (24). Biomass fuel exposure in this community is very low, with paraffin being the primary fuel used for cooking. Sputum samples from control patients were culture negative for Mtb at 42 days, excluding smear-negative infection in symptomatic HIV-negative patients. The patients with TB, including those coinfecting with HIV, had significantly more symptoms, such as cough, fever, and night sweats, a lower body mass index, and an abnormal respiratory examination, consistent with their final diagnosis of pulmonary TB. There was no significant difference in symptom duration between patients with and without cavities.

Concentrations of MMP-1, -2, -3, and -8 were increased in the induced sputum of patients with TB compared with control subjects when analyzed irrespective of HIV status (Figure 1A; *P* = 0.013, 0.040, 0.019, and 0.039 respectively). Median values, range, and 25th and 75th centiles are provided in Table E3. MMP-12 was not significantly different between the groups, and MMP-13 concentrations were mainly below the level of sensitivity of the assay. When analysis was performed on MMP concentrations in induced sputum uncorrected for total protein, MMP-1, -2, -3, and -8 were similarly increased in TB (Table E4).

Inflammatory mediators measured by Luminex multiplex array were cytokines (IL-1 β , IL-2, IL-4, IL-5, IL-6, IL-7, IL-10, IL-12, IL-13, IL-15, IL-17, tumor necrosis factor [TNF]- α , IFN- α , IFN- γ , IL-1RA, IL-2R), chemokines (IL-8, macrophage inflammatory protein [MIP]-1 α , MIP-1 β , Eotaxin, monokine induced by interferon- γ

TABLE 1. CLINICAL CHARACTERISTICS OF PATIENT COHORT

Patient Characteristics	Control		TB		P Value*
	N	%	n	%	
Total no. patients	21		23		
Female	16	76.2	10	43.5	0.0358
HIV positive	12	57.1	15	65.2	0.758
Median CD4 (range)	267 (153–437)	n/a	162 (9–607)	n/a	0.060
Median age (range), yr	29 (21–45)	n/a	32 (20–53)	n/a	0.724
Occupation, employed/unemployed/other	6/13/2	28.6/61.9/9.52	5/14/4	23.8/60.9/17.35	0.732/1.00/0.663
Smoking history, current/ex-/non/unknown	3/2/16/0	14.3/9.52/57.1/0	7/3/12/1	30.4/13/ 52.2/4.35	0.287/1.00/0.125/1.000
BCG history, vaccinated/not vaccinated/unknown	11/3/7	47.6/14.3/33.3	7/8/8	30.4/34.8/34.8	0.287/0.169/1.000
Symptoms					
Any	8	38.1	23	100	<0.0001
Fever	3	14.3	13	56.5	0.005
Cough	8	38.1	21	91.3	0.0003
Hemoptysis	0	0	4	17.4	0.109
Night sweats	3	14.3	17	73.9	<0.0001
Weight loss	5	23.8	20	87.0	<0.0001
Breathlessness	2	9.52	7	30.4	0.136
Pleuritic pain	3	14.3	13	56.5	0.005
Anorexia	1	4.76	4	17.4	0.348
Median symptom duration (range)	28 (21–1000)	n/a	42 (14–365)	n/a	0.625
Previous history of TB	5	23.8	8	34.8	0.517
Examination					
Median BMI (range)	27.9 (19.38–39.35)	n/a	20.1 (16.51–40.48)	n/a	0.0033
Temperature > 37.5°C	0	0	3	13	0.234
Abnormal respiratory system	6	28.6	17	73.9	0.0059

Definition of abbreviations: BCG = bacillus Calmette-Guérin; BMI = body mass index; n/a = not applicable; TB = tuberculosis.

*Fisher exact test (two-tailed) except in cases of continuous variables, in which Mann-Whitney *U* test applied.

[MIG], monocyte chemoattractant protein [MCP]-1, regulated upon activation, normal T-cell expressed and secreted [RANTES], IFN-inducible protein of 10 kDa [IP-10]), and growth factors (epidermal [EGF], hepatocyte [HGF], vascular endothelial [VEGF], and fibroblast [FGF] growth factors and granulocyte [G-CSF] and granulocyte-macrophage colony-stimulating [GM-CSF] factors). No cytokine or chemokine was significantly elevated in patients with TB, including those with HIV coinfection after normalization to total protein. Median TNF- α concentrations were elevated, but this was not statistically significant ($P = 0.082$, Figure 1B). Concentrations of cytokines and chemokines are provided in Table E5.

MMP-1 Concentrations Are Lower in Patients with Advanced HIV Infection

Patients with advanced HIV infection with a CD4 cell count below 200 rarely develop cavitory lung disease, even though TB is more common as CD4 cell count falls (11). Therefore, we

investigated MMP and cytokine concentrations in patients with TB who were either HIV positive with a CD4 count of less than 200 or HIV negative to determine mediators driving immunopathology. MMP-1, MMP-2, MMP-8, and MMP-9 were significantly lower in the induced sputum from patients with advanced HIV-TB coinfection than HIV-negative patients with TB (Figure 2A; $P = 0.019, 0.038, 0.038,$ and 0.003 , respectively). Median MMP-1 concentrations in HIV-negative patients with TB were 1,213.0 pg/mg, whereas in patients with TB with advanced HIV infection they were 129.1 pg/mg. No significant differences in proinflammatory cytokines or chemokines were demonstrated between TB and HIV-TB coinfection (Figure 2B and data not shown).

MMP-1 Correlates Most Closely with Markers of Immunopathology

Next, we analyzed associations between induced sputum MMPs, cytokines, and chemokines and parameters of lung tissue

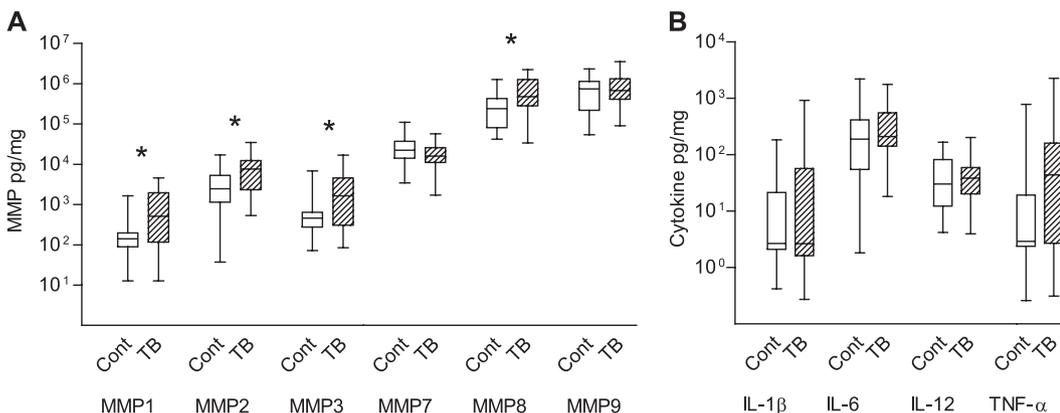


Figure 1. Multiple matrix metalloproteinases (MMPs) are up-regulated in HIV-positive and -negative patients with active pulmonary tuberculosis (TB). Induced sputum samples were collected prospectively from patients in Cape Town. MMP, cytokine, and chemokine concentrations were measured by Luminex multiplex array and total protein by Bradford assay. Analytes are expressed as pg/mg protein. (A) MMP-1, -2, -3, and -8 are significantly elevated in patients with pulmonary TB compared with control subjects without TB (medians and interquartile range, Table E3). (B) IL-1 β , IL-6, and IL-12 were not elevated in patients with pulmonary TB, whereas tumor necrosis factor (TNF)- α showed a nonsignificant trend toward increase. The other 26 cytokines analyzed were either not detectable or not significantly different between groups (Table E5). Differences analyzed by Mann-Whitney *U* test are shown, * $P < 0.05$. Each box outline represents the 25th and 75th percentiles, the central line the median value, and the whiskers minimum and maximum values. Cont = control.

investigated MMP and cytokine concentrations in patients with TB who were either HIV positive with a CD4 count of less than 200 or HIV negative to determine mediators driving immunopathology. MMP-1, MMP-2, MMP-8, and MMP-9 were significantly lower in the induced sputum from patients with advanced HIV-TB coinfection than HIV-negative patients with TB (Figure 2A; $P = 0.019, 0.038, 0.038,$ and 0.003 , respectively). Median MMP-1 concentrations in HIV-negative patients with TB were 1,213.0 pg/mg, whereas in patients with TB with advanced HIV infection they were 129.1 pg/mg. No significant differences in proinflammatory cytokines or chemokines were demonstrated between TB and HIV-TB coinfection (Figure 2B and data not shown).

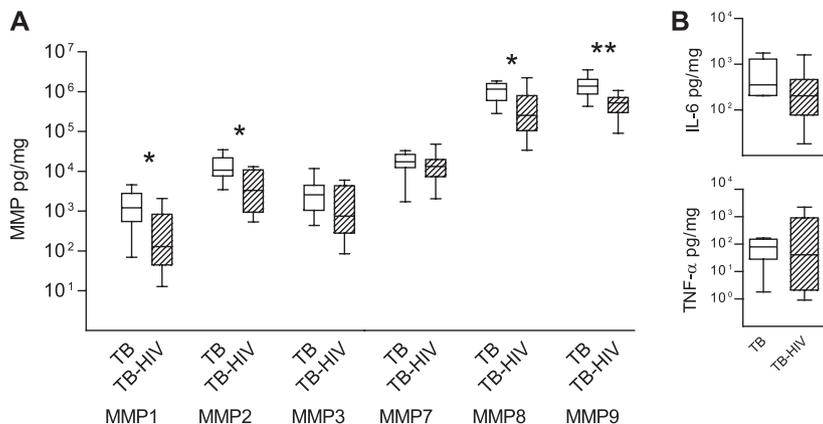


Figure 2. Matrix metalloproteinase (MMP) concentrations are suppressed in patients with tuberculosis (TB) with advanced HIV infection. MMP concentrations were analyzed in patients with pulmonary TB who were either HIV negative or HIV positive with a CD4 cell count below 200. (A) MMP-1, -2, -8, and -9 were significantly lower in the induced sputum of patients with TB with advanced immunocompromise due to HIV infection. (B) In contrast, no cytokine concentration significantly differed between these groups. $n = 8$ in each group. Differences analyzed by Mann-Whitney U test are shown. $*P < 0.05$, $**P < 0.01$. Each box outline represents the 25th and 75th percentiles, the central line the median value, and the whiskers minimum and maximum values.

destruction. First, we compared sputum MMP and cytokine concentrations in patients with cavitory lung disease to those with noncavitory pulmonary TB. Cavities were present in 80% of TB-infected HIV-negative patients who had chest radiographs, compared with 17% of HIV-TB coinfecting patients. MMP-1 and -2 were significantly elevated in patients with lung cavities compared with those without cavities (Figures 3A and 3B). No other MMPs were significantly different between groups. Next, we analyzed MMP concentrations according to the degree of chest radiograph infiltration. MMP-1 and MMP-2 concentrations positively correlated with the extent of lung infiltration (Figures 3C and 3D). One patient with

miliary TB had radiographic abnormalities in all zones but low sputum MMPs, consistent with infection limited to the lung interstitium. TNF- α concentrations also correlated with the extent of pulmonary involvement scored on chest radiographs (Figure 3E).

Finally, we compared MMPs with the sputum AFB score. The sputum AFB score can vary between samples, so the highest score for each patient was recorded. Despite the potential for this variability to obscure a true difference, MMP-1 associated with increased mycobacterial load in the sputum (Figure 3F), demonstrating that increased mycobacterial loads correlated most closely with increased collagenase concentrations in respiratory

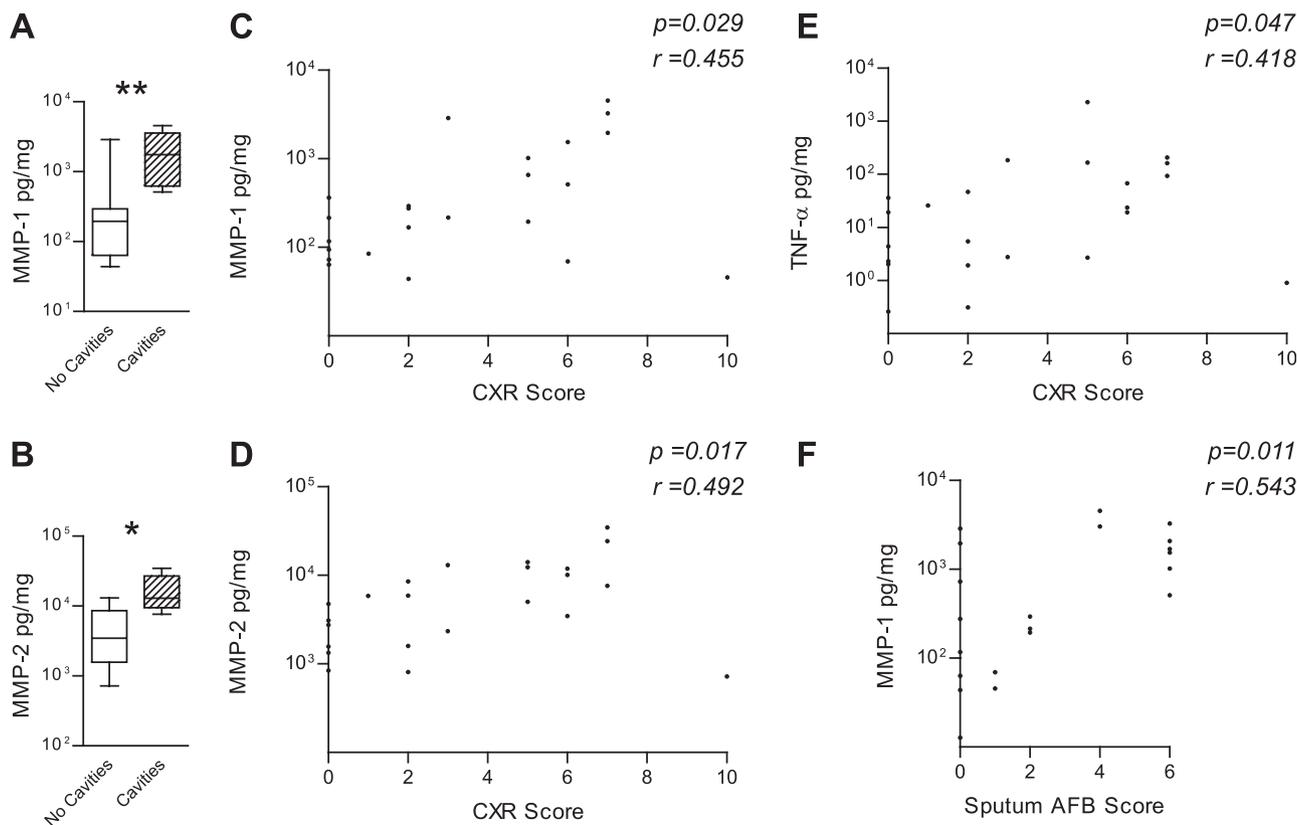


Figure 3. Matrix metalloproteinase (MMP) concentrations correlate with pulmonary cavitation, lung infiltration, and acid-fast bacillus (AFB) smear status. MMP-1 and -2 concentrations were significantly elevated in patients with tuberculosis (TB) with cavitory pulmonary disease compared with patients with TB with noncavitory disease (A, B). The degree of chest radiograph consolidation was scored on a scale of 0–10 (radiograph scoring system, Figure E1) and correlated with MMP-1 (C), MMP-2 (D), and tumor necrosis factor (TNF)- α concentrations (E), but no other MMPs or cytokines. MMP-1 concentrations in induced sputum correlate with the mycobacterial load (F). In contrast, no other analyte studied positively correlated with sputum AFB score. Spearman correlation coefficient and P values are shown. $*P < 0.05$, $**P < 0.01$ by Mann-Whitney U test. CXR = chest X-ray.

sections. In parallel analyses, cytokine and chemokine concentrations were compared with clinical parameters, but no associations other than TNF- α and radiographic score were found.

Doxycycline Inhibits MMP Secretion by Mtb-infected Human Macrophages

The reduced MMP concentrations in patients with HIV-TB coinfection and the association between MMPs and markers of immunopathology implicate excessive MMP activity in driving tissue destruction in TB. Doxycycline is an antibiotic with broad spectrum MMP inhibitory activity and is the only licensed MMP inhibitor in the United States (25). Therefore, we examined whether doxycycline modulated MMP secretion driven by Mtb. Doxycycline suppressed MMP-1 and MMP-3 secretion by Mtb-infected primary human macrophages at 72 hours in a dose-dependent manner (Figures 4A and 4B). In addition, doxycycline suppressed TNF- α secretion by macrophages (Figure 4C). This effect was not due to suppression of total protein synthesis, because protein accumulation in the cell culture supernatants was the same in each group (Figure 4D).

Doxycycline Suppresses Epithelial Cell MMP Secretion by Inhibiting Promoter Activity

Stromal cells also secrete MMPs in TB (16, 22, 26), so we investigated the effect of doxycycline on MMP gene expression and secretion by human respiratory epithelial cells. Doxycycline suppressed MMP-1 and MMP-9 secretion from primary human bronchial epithelial cells stimulated by conditioned media from Mtb-infected monocytes (CoMtb) (Figures 5A and 5B). Doxycycline reduced total MMP-9 activity analyzed by gelatin zymography in the cell culture supernatants, consistent with the analysis of immunoreactive protein by Luminex (Figure 5C). Total protein in cell culture supernatants was no different between groups by Bradford analysis (data not shown). To further investigate the mechanism of action of doxycycline, we transiently transfected A549 cells with the full-length MMP-1 promoter. CoMtb up-regulated MMP-1 promoter activity, which was suppressed by doxycycline (Figure 5D), demonstrating that

doxycycline inhibits MMP-1 secretion by suppressing promoter activation. Furthermore, doxycycline suppressed MMP-1 mRNA accumulation in A549 cells at 24 hours (Figure 5E).

Doxycycline Reduces Mtb Growth in the Guinea Pig Model of TB

To investigate the effect of doxycycline on the pathology of TB infection in a model system, we studied guinea pigs infected with Mtb by aerosol. Guinea pigs develop extensive caseating granulomas when infected with Mtb and succumb to a primary progressive disease. Three groups of six guinea pigs were infected, and after 2 weeks groups were treated with doxycycline monotherapy at either 5 mg/kg or 20 mg/kg. Doxycycline suppressed lung cfu at 10 weeks in a dose-dependent manner (Figure 6A). Quantitative polymerase chain reaction analysis of MMP -1, -8, -9, -13, and TNF- α expression in lung tissue did not show any difference between uninfected guinea pigs and TB-infected animals, nor between TB-infected guinea pigs and doxycycline-treated guinea pigs. Next, we determined the area of granulomatous involvement in each lung by digital image analysis (Figure 6B). Lung cfu correlated positively with the percentage granulomatous infiltration of the lung (Figure 6C), but no independent effect of doxycycline could be identified, suggesting that doxycycline is acting directly to limit mycobacterial proliferation in the guinea pig model rather than on MMP activity to alter immunopathology.

Doxycycline Is Bacteriostatic to Mtb Growth with a Minimum Inhibitory Concentration of 2.5 μ g/ml

To investigate whether doxycycline was having a direct antibiotic effect on Mtb, we studied bacterial growth over a 12-day period in the presence or absence of doxycycline in 7H9 culture broth. Doxycycline significantly suppressed mycobacterial growth as analyzed by optical density from Day 2 (Figure 6D). Next, we impregnated 7H11 agar plates with doxycycline 2 μ g/ml and demonstrated complete inhibition of Mtb growth after 2 weeks (Figure 7A). Similarly, in a disc diffusion assay, doxycycline prevented Mtb growth, whereas penicillin did not (Figure 7B).

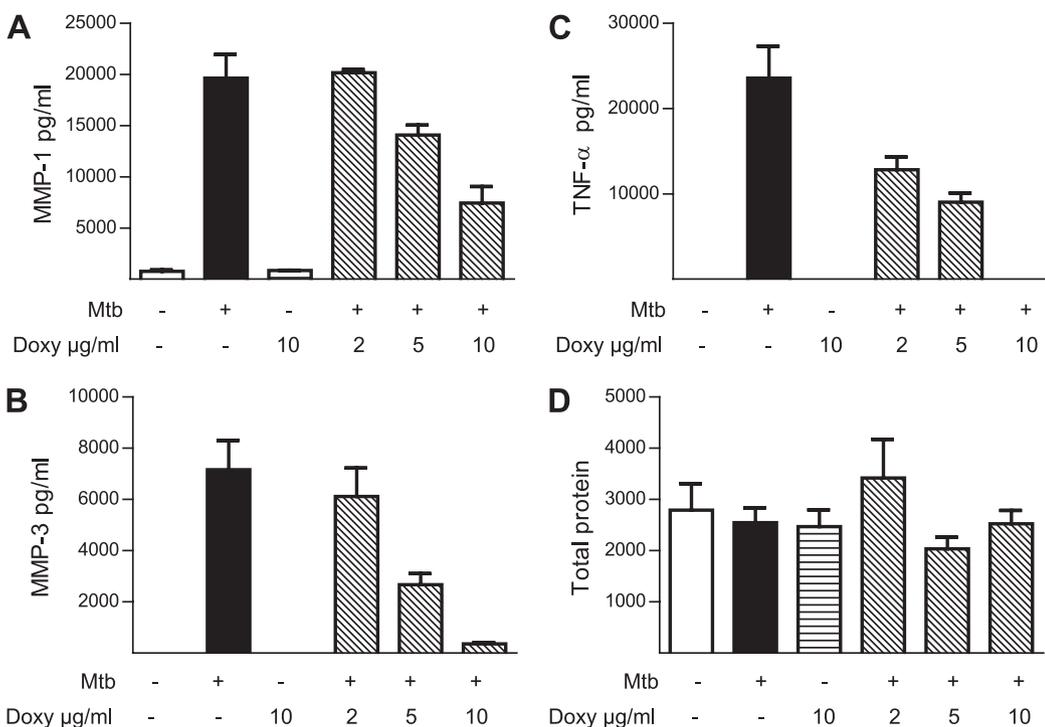
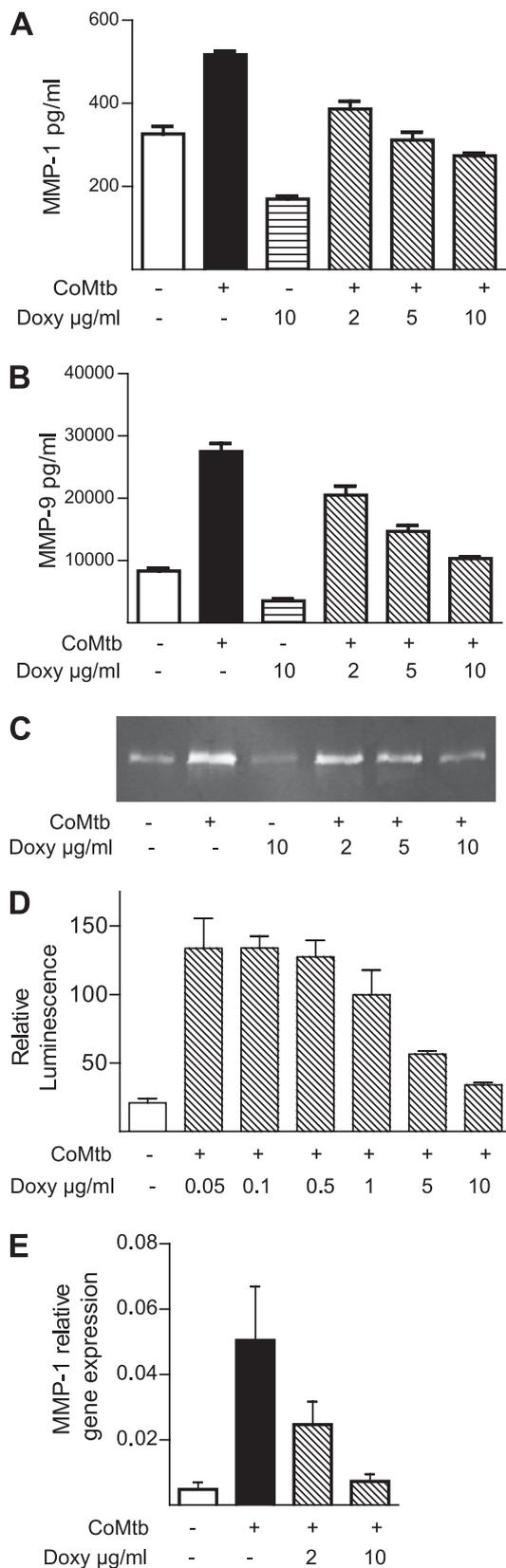


Figure 4. Doxycycline inhibits matrix metalloproteinase (MMP) and tumor necrosis factor (TNF)- α secretion from *Mycobacterium tuberculosis* (Mtb)-infected macrophages. Primary human monocyte-derived macrophages were preincubated with doxycycline at a range of 2–10 μ g/ml for 2 hours and then infected with Mtb at a multiplicity of infection of 1. Doxycycline suppressed MMP-1 (A) and MMP-3 (B) secretion at 72 hours in a dose-dependent manner. (C) Secretion of TNF- α was similarly suppressed by doxycycline. (D) Total protein secreted by macrophages analyzed by Bradford assay was not suppressed by doxycycline. Mean values \pm SEM are shown and are representative of experiments performed in triplicate on at least two occasions. Doxy = doxycycline.



Finally, to determine the minimum inhibitory concentration (MIC), we cultured bioluminescent Mtb with increasing concentrations of doxycycline and monitored bioluminescence over time, as previously described (27). Using this method, the MIC is defined as the lowest antibiotic concentration causing a 1 log drop in

relative light units after 2 to 3 days of incubation, compared with the luminescence in the antibiotic-free controls (27). Doxycycline caused a dose dependent reduction in luminescence (Figure 7C) with an MIC of 2.5 $\mu\text{g/ml}$. Similar results were obtained with the more traditional resazurin reduction assay after 7 days of incubation (MIC = 5 $\mu\text{g/ml}$). To determine the minimum bactericidal concentration (MBC), 5- μl aliquots from the MIC experiment were diluted in 195 μl antibiotic-free 7H9 broth, and luminescence was monitored over 3 days (Figure 7D). The MBC, defined as the lowest antibiotic concentration with a luminescence less than or equal to the background, was found to be 40 $\mu\text{g/ml}$ doxycycline, giving an MBC/MIC ratio of 16 and thereby confirming that doxycycline is bacteriostatic to Mtb growth.

DISCUSSION

We prospectively recruited a patient cohort of HIV-infected and -uninfected patients and performed detailed immunological analysis of specimens from the site of TB infection to investigate the hypothesis that reduced tissue destruction in HIV-TB coinfection may be due to relatively decreased MMP activity. In advanced HIV disease, in which lung destruction such as cavitation is rarely seen (11), MMP concentrations were suppressed. MMPs consistently associated with lung pathology, whereas cytokine and chemokine concentrations did not, further implicating these proteases in TB-related matrix destruction. Statistically significant differences between groups emerged despite the relatively small sample size, which would be predicted to obscure minor differences. Next, we investigated whether doxycycline, a licensed MMP inhibitor of proven safety in humans, might inhibit MMP activity and reduce tissue damage in TB. Doxycycline suppressed Mtb-driven MMP secretion in primary human monocytes and respiratory epithelial cells. In guinea pigs, doxycycline did not modulate MMP activity but decreased mycobacterial replication, a finding confirmed in multiple assays of Mtb growth. Together, these findings suggest that adjunctive doxycycline therapy may improve outcomes in TB by reducing excessive protease activity and limiting mycobacterial growth.

MMP-1, -2, -3, and -8 were increased in patients with TB. We previously demonstrated increased MMP-1 and -3 concentrations in patients with TB compared with patients with respiratory symptoms (14), and again these MMPs were the most significantly elevated. The greater range of TB-related MMPs identified here may result from comparing patients with TB to healthy control subjects. MMP-1, -2, -8, and -9 were suppressed in advanced HIV infection. MMP-1 is emerging as a dominant collagenase in driving immunopathology in TB (14), whereas MMP-9 regulates monocyte recruitment to mycobacterial granulomas (16). MMP-8 concentrations

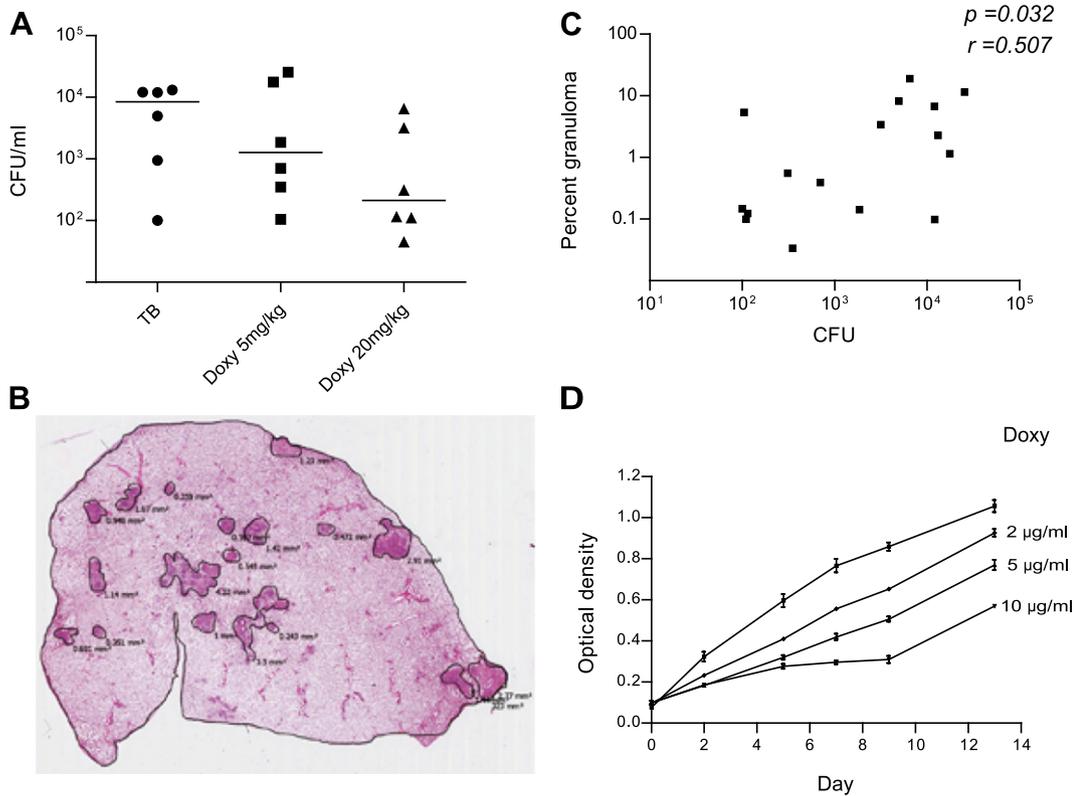


Figure 6. Doxycycline suppresses *Mycobacterium tuberculosis* (Mtb) proliferation in guinea pigs and in broth culture. Outbred Hartley-Dunkin guinea pigs were infected with 10–20 cfu Mtb by aerosol. In treatment groups, oral administration of doxycycline at 5 mg/kg or 20 mg/kg was initiated 2 weeks after infection and continued until the experiment was terminated at 10 weeks. (A) Doxycycline suppressed Mtb colony counts in the lungs in a dose-dependent manner. Horizontal lines represent the median value. (B) Total area of granulomatous lung involvement was measured for each animal by digital image analysis and expressed as the percentage of total area (representative analysis section shown). Eight noncontiguous sections from the right lung of each infected guinea pig were analyzed. (C) The percentage granulomatous infiltration in infected lung correlated with the total cfu by Spearman analysis. (D) Doxycycline slows Mtb growth in 7H9

broth in a dose-dependent manner, with a significantly reduced growth demonstrated from 2 days and persisting at 14 days of culture. Mean \pm SEM of three culture samples is shown and is representative of three separate experiments. Doxy = doxycycline; TB = tuberculosis.

were also suppressed in HIV, and because neutrophils secrete both MMP-8 and -9 (28), this suggests that reduced neutrophil recruitment to the lung may occur in advanced HIV infection.

MMP-1 associated closely with parameters of immunopathology, such as chest radiograph infiltration, cavitation, and sputum AFB score, supporting the hypothesis that MMP-1 plays a critical role in TB immunopathogenesis (17). Chest radiograph scoring is a relatively insensitive indicator of pulmonary inflammation (21), because it only measures area of lung involvement but not density of consolidation, and yet a positive association with MMP-1

concentration was shown. In support of a central role for MMP-1 in TB pathogenesis, MMP-1 polymorphisms have been linked to the risk of developing TB (29).

These clinical data further implicate MMPs as the final effectors of matrix destruction in TB. Therefore, MMPs may represent a potential therapeutic target to limit morbidity and mortality. Doxycycline is a licensed MMP inhibitor in the United States used to treat periodontal disease (30) and has been proposed as an agent to limit pathology in other infectious and inflammatory diseases (31–34). Doxycycline suppressed multiple MMPs in cellular models

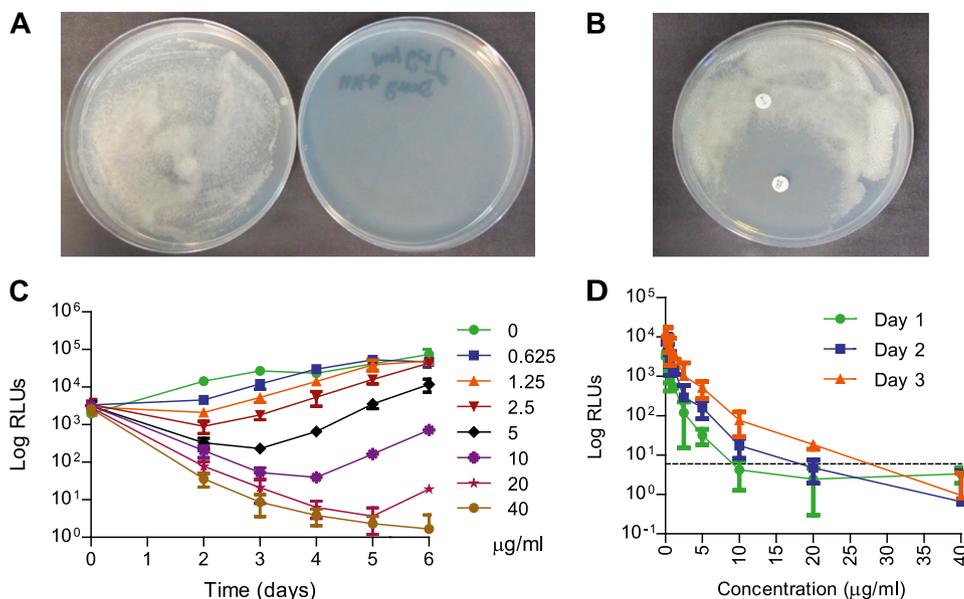


Figure 7. Doxycycline has a minimum inhibitory concentration (MIC) of 2.5 µg/ml against *Mycobacterium tuberculosis* (Mtb). (A) 7H11 agar impregnated with doxycycline 2 µg/ml completely suppresses growth of Mtb at 14 days. (B) A 30-µg doxycycline disc prevents Mtb growth on 7H11 agar, whereas a penicillin disc has no effect. (C) Doxycycline suppresses bioluminescence from H37Rv in culture in a dose-dependent manner, with a 1 log suppression of luminescence at 2 days with 2.5 µg/ml. Data shown are the mean and SD from three independent experiments. (D) To determine the minimum bactericidal concentration, aliquots from the MIC experiment were diluted into antibiotic-free 7H11 broth and bioluminescence monitored over 3 days. Doxycycline 40 µg/ml completely suppressed luminescence, demonstrating that this was the bactericidal concentration. Dashed line = background luminescence. RLU = relative light units.

of Mtb infection. In primary macrophages, MMP suppression may have been secondary to both inhibiting Mtb growth and reducing MMP expression, but in normal human bronchial epithelial and A549 cells the effect of doxycycline on MMP secretion, promoter activity, and mRNA accumulation was direct, because the CoMtb stimulus contained no live mycobacteria. Doxycycline is also an inhibitor of MMP activity (25). Consequently, doxycycline may reduce pathology in human TB by effects on both MMP gene transcription and activity. Doxycycline is used in periodontal disease at a low dose of 20 mg twice daily (30) and so may also be effective at suppressing immunopathologic MMPs in TB with this regime. Doxycycline also suppressed TNF- α secretion, a key cytokine in the immune response to TB (7). TNF- α drives stromal cell MMP secretion via intercellular networks (22, 26, 35) and may also drive cachexia in TB (36), so doxycycline may have multiple immunomodulatory effects.

Previous studies of MMP inhibition in TB have used the mouse model (37, 38), but the mouse does not develop immunopathology similar to man (39) and does not express a functional ortholog of human MMP-1 in the lung (40). We investigated doxycycline in the guinea pig model of TB, which develops extensive caseous necrosis, although not cavitation (41). We did not demonstrate increased MMP gene expression in Mtb-infected guinea pigs, unlike in human TB infection (42). This may reflect a delayed global reprogramming of granuloma gene expression that has recently been identified in the primate model of TB (43). In addition, because no MMP-1 up-regulation was demonstrated in infected animals, and guinea pigs very rarely cavitate when infected with TB, this model may not be optimal to study MMP-modulating effects of doxycycline. Studies in a cavitary model, such as the rabbit (44), are likely to be necessary.

Unexpectedly, doxycycline monotherapy reduced mycobacterial growth *in vivo*, suggesting that in the guinea pig model it was having a direct antimicrobial effect. Doxycycline is not usually considered an antimycobacterial agent, but has occasionally been used in the treatment of nontuberculous mycobacterial infection (45). Doxycycline was introduced in 1967, the same year as rifampicin, so potential antimycobacterial activity may have been overlooked. Doxycycline suppressed Mtb growth in broth culture in a dose-dependent manner, consistent with previous reports (46–48), and we identified an MIC of 2.5 $\mu\text{g/ml}$ with a bacteriostatic activity. The peak concentration of doxycycline in serum is 3.2 $\mu\text{g/ml}$ (49), so doxycycline may achieve sufficient concentration in the lung interstitium to reduce Mtb growth in patients in addition to modulating MMP expression and activity.

In summary, MMP concentrations are suppressed in advanced HIV-TB coinfection, identifying a mechanism of reduced matrix destruction in these patients and further implicating MMPs in driving lung pathology in TB. No TB treatment currently targets this immunopathology, which ultimately causes morbidity and mortality (9). Doxycycline, a widely available MMP inhibitor, reduces expression of MMPs and also suppresses mycobacterial growth. Given its safety, cost, and availability in resource-poor settings, doxycycline may represent a new adjunctive therapy to reduce mortality in TB.

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